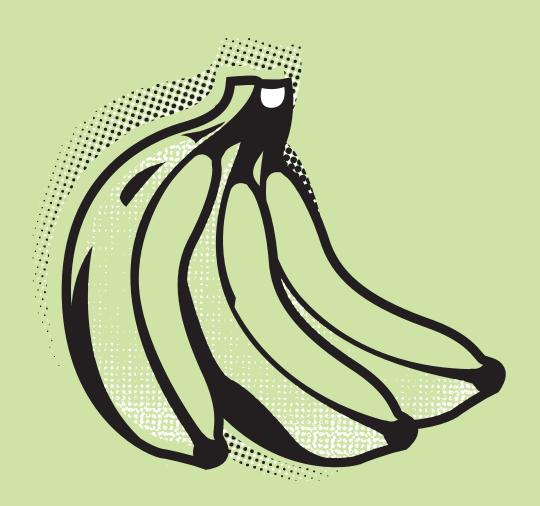
Keep our town going!



When you shop at your local grocery store, you're helping base-ball teams, schools and churches, and scouting activities in your community. And research suggests that people living near full-service grocery stores tend to have healthier diets, including higher intakes of fruits and vegetables and lower levels of obesity! Next time you're ready for a big shopping trip, consider shopping locally first. Because when you buy what you need, instead of what you forgot, you're doing more than just picking up the bananas.

You're keeping our town going.

¹National Center for Chronic Disease Prevention and Health Promotion, Division of Nutrition, Physical Activity and Obesity. State Initiatives Supporting Healthier Food Retail: An Overview of the National Landscape. CS226721